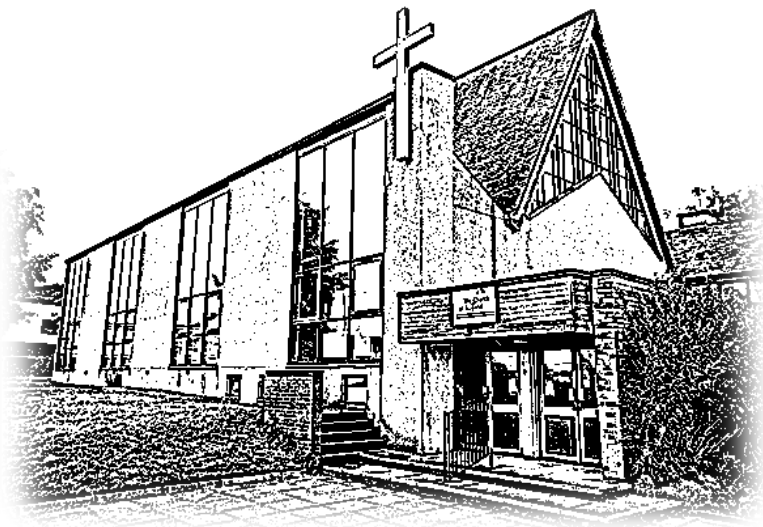


# Moncreiff Matters

THE NEWSLETTER OF MONCREIFF PARISH CHURCH - AUGUST 2025

CCLI: 120910 Streaming: 1307912 Scottish Charity No: SC016751 [www.moncreiffparishchurch.co.uk](http://www.moncreiffparishchurch.co.uk) Office: 01355 223328



**All are welcome at WORSHIP**

**Sundays in church at 10:30 a.m.**

Sunday Worship Services are available on YouTube, or  
listen on the telephone - 01355 681230.

**RevSarahShares PODCAST – most Fridays!**

The Life of a Parish Minister: Musings and Reflections.  
on Apple, Spotify, and Amazon



The Church of Scotland

## Reflection Corner

*But be sure to fear the Lord and serve him faithfully with all your heart; consider what great things he has done for you. 1 Samuel 12:24*

Sometimes we get a little too big for our boots or need taken down a peg or two. I'm sure you have heard that said about others or been tempted to say it to your teenagers! (Just me then?)

At Moncreiff we are constantly grateful to God. The generosity has been seen in so many ways and the Church continues to thrive in challenging days. We want to live to God's glory, through worship, through discipleship, through friendship within and outwith the Church. We have wept in sorrow, danced with joy, laughed together, and sought forgiveness. We are not perfect, that's for sure, but we have hope.

We are grateful for all the community and church support we receive, and we want to work with, rather than for others. We are ordinary people with ordinary lives who - in faith - try to live for God, with God, and trust in the plan God has for us.

Consider what God has done for you. Like the old hymn – '*count your blessings and it may surprise you what the Lord has done.*' Sometimes we are so busy doing and taking the credit, we forget the place of God. But when we stop and remember, suddenly everything falls into place, and we remember that we are not responsible for everything either!

Certainly, Moncreiff has been a blessing to me and I am grateful every day for this church family. I hope you are/can be too.

Every blessing, Sarah



## Moncreiff Welcomes All

We want to be an inclusive church. Sometimes we don't get that as right as we want to, but we are trying. Currently, we are working on improving disabled access which will include ramps and a suitable chairlift replacing one set of stairs at the main entrance. We have plans to improve our café space in the Sanctuary to make it more useable for others. We are developing our online provision and quiet spaces in the building for prayer and well-being. Also, the Minister has renewed her licence as a celebrant for same-sex marriage. We know sometimes church feels like an unsafe place if you are 'different' but please be assured all types of 'different' are welcomed.

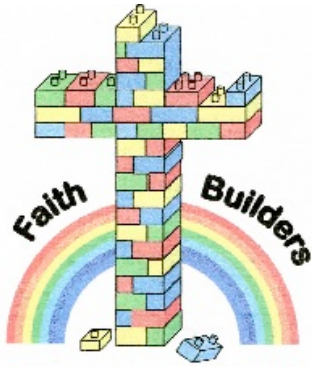
## Pastoral Care Campaign - Letters

All members on our roll will be receiving a letter to allow us to check details, invite you to come to our worship service, and give you an opportunity to let us know what else we can do to support you in your faith journey. It is a long time since we undertook this work. We have a new system in place and want to make sure all the data is right. Everyone who wants to stay on our roll we want you to stay! Please do respond as soon as possible or let us know if you don't hear from us!

## CONTACT US AT MONCREIFF

**Contact Lisa** in the office (Mon-Fri 9am-12noon) with any church/hall let enquiries.  
Telephone 01355 223328 or email [theoffice@moncreiffparishchurch.co.uk](mailto:theoffice@moncreiffparishchurch.co.uk)

You can **contact Rev Sarah Ross** at [sross@churchofscotland.org.uk](mailto:sross@churchofscotland.org.uk) or on 07701025785.



## Faithbuilders

Meets every Sunday during worship in term time. Suitable for children aged 3 years - 16 years. Join us for games, stories, crafts and fun!

Children welcome every week, and outside term time there is an activity corner in the Sanctuary.



**Chat MPC** is a group for adults and is open to everyone within our church community and beyond.

We meet on the **first Monday of every month at 7pm** (this may alter on occasion). We always jointly plan our evenings and have lots of ideas for going forward in the future including speakers, games nights, hobby taster sessions, nights out. There are also opportunities to chat informally, both at the group or outwith.

We will be starting back on Monday the 1st of September - a get-together and chat. Previous activities have included a quiz, a Hallowe'en themed evening, Christmas 'Night In'. Plans for this year include cookery demonstrations, Desert Island discs and similar evenings from previous meetings - all suggestions are welcome. Refreshments are provided. We look forward to seeing you there.

## 3rd East Kilbride Girls' Brigade John Callaghan Hall, Moncreiff Parish Church



The Girls' Brigade is a fun, welcoming and supportive organisation for girls from Primary 1 to Secondary 6. We help girls grow in confidence, explore faith, develop new skills, and build lifelong friendships – all while having loads of fun!

Each week includes a mix of games, crafts, badgework, drama, music, team-building, community projects, and Bible stories, all tailored to age and ability. We also take part in events, fun nights, services, competitions, and more.

🕒 Weekly meeting times (Tuesdays during term time):

- Explorers (P1–P3): 6.15pm – 7.15pm
- Juniors (P4–P7): 6.30pm – 8.00pm
- Brigaders (S1–S6): 7.00pm – 9.00pm



New members are always welcome – come along, join the fun, and see what we're all about! ✉ Email: [3rdegirlsbrigade@gmail.com](mailto:3rdegirlsbrigade@gmail.com)

**Moncreiff Guild** session resumes on **Tuesday 14th October**. We meet in the Old Hall at 1.30pm every week. The committee has been working hard to provide a syllabus with fun afternoons and interesting speakers. We have also made space for outings, fish suppers, afternoon teas and entertainment.

Everyone is welcome to come, even if you can't manage every week. Come along and if it's not your 'cup of tea' that's fine but we think that you will be surprised how friendly our members are. There is a membership fee but your first year is free.

*Over a cup of tea or coffee, friendships are made.*



## AVAILABLE EVERY MONTH – PRAYER DIARY

Please send prayers to Lynne for inclusion - [elandlynne@hotmail.com](mailto:elandlynne@hotmail.com)



The **PRAYER WALKS** are scheduled every 2 weeks, and we have a WhatsApp group for all regular attendees. We usually message on the day a walk is planned to check availability (walks can occasionally be cancelled due to either no walkers or poor weather conditions). We **meet at the church at 6.30pm (next one 10<sup>th</sup> Sept)** and walk for approx 45 mins-1hr in the local area. Group members enjoy a chat and a leisurely stroll while stopping to pray along the way. New members will be made very welcome. Please contact Suzanne on 07890 570476 for more information.

**WRITE AT MONCREIFF** is a relaxed, informal creative writing workshop for adults. We meet on **Saturday afternoons between 1:00PM – 4:00PM**, on a **monthly** basis. Whether you're an absolute beginner or a more experienced writer, we would love to see you there! All sessions are **FREE**. All writing materials are included. Tea, coffee and biscuits are provided. More information available from **Sheena Oo** (Sunday/Thursday mornings at Moncreiff). **NEW SESSION STARTS SATURDAY 6<sup>th</sup> SEPTEMBER 2025 1:00PM – 4:00PM**. Please book in advance: via the office at Moncreiff: 01355 223328 or email: [theoffice@moncreiffparishchurch.co.uk](mailto:theoffice@moncreiffparishchurch.co.uk)



There is much happening locally and Connected Calderwood is a community-led attempt at co-ordinating support, events and information resources.

Check out our Connected Calderwood Facebook page and find out more about what is available

within Moncreiff Church and Calderwood Baptist Church. Both Churches are providing space for many types of groups as well as support with cost of living crisis and well being. Inclusive and welcoming and a resource for all. We'd love to get other Calderwood community-interested people involved as well so watch this space. And, if you are running events – drop us a message and we will promote! Thank you to Healthy and Active, VasLAN, Kilbryde Hospice and CAB for also being part of this team.

### **Chair Yoga** - Wednesdays 2 - 3pm. **Yoga** Wednesdays - 3.30 - 4.45pm



Chair Yoga is mostly seated and suitable for the less energetic. The class focuses on posture and movement with the breath. The use of a chair helps with support and balance.

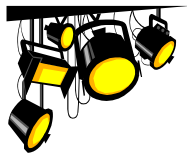
Yoga class suitable for all abilities and is practised on a mat. The class focuses on postures, sequences and relaxation incorporating breath awareness. Both classes are friendly and

welcoming. *Classes recommence on 20 August 2025. (Not on Wed 3<sup>rd</sup> Sept)*

For further information contact Aileen on 07986072636 or Church Office 01355 223328

### **The Chill Out Club** *Tuesdays 1:30 – 3:30 p.m.*

Our very popular club provides a social meeting place for adults affected by mental health issues. We've been described as a big happy family: we chat, have quizzes, karaoke, sometimes crafts, play board games, and laughing features a lot. We enjoy going on a summer trip each year and going out for lunch around Christmas time. If you'd like to join in, please call **Gina, our chairperson on 07811 061888** for an informal chat about the club. Also, as we try to keep our numbers around 20 maximum we need to make sure there's space for you!



## SPOTLIGHT YOUTH THEATRE CLUB.

*Do you like to sing? We have the club for you...*

*No auditions, no cost for membership.*

We rehearse on Sunday nights from 5-7pm in the church hall and perform two concerts a year. At Christmas we sing Christian Christmas songs and for our Spring concert it's mainly musical theatre tunes.

Our Christmas Concert is Sunday 7<sup>th</sup> December 2025.

The club is open to everyone from school age Primary 3 upwards, including adults of all ages. We'd love to have you come along and join us – you'll receive a lovely warm welcome. We have lots of fun as well as rehearsing our songs. **Our registration and first rehearsal (5-7pm) is on Sunday 7<sup>th</sup> September.**

For further information please see our Facebook page, Spotlight Theatre Club or email Lynne Eland at [SpotlightTheatreClub@hotmail.com](mailto:SpotlightTheatreClub@hotmail.com). We'd be grateful if you'd tell your friends about us.

## The Kettle's On

**Thursdays 10-1pm.**

Soup and snacks,  
company, advice, and  
games. Or bring your  
work or catch up on  
assignments.

Laptops are available with WiFi, for work or finding work, information and more. Donations only. Kindly supported by VASLan, SLC, Communities Mental Health & Wellbeing Fund.

## #LifetotheFull

### 4<sup>th</sup> EK BOYS' BRIGADE



Join us on a **Friday** night:

Anchors (age 5-8) 6:30-7:45

Juniors (age 8-11) 6:30-8:30

Company (age 11-14) and

Seniors (age 14-18) 7-10pm

We have increased numbers in both Anchors and Juniors last year with a large increase planned this year in our Company Section. We would love to welcome more boys to all our age groups! It is a wide and varied programme and we are excited to enter as many events as possible.

***Join the Adventure today!***

### Christians Against Poverty (CAP)

There is a drop-in session on Thursday mornings during **The Kettle's On**. During this time, anyone in need of information on organising their finances or dealing with debt can have a **confidential chat with Fiona**. She is also available on Wednesdays between 1pm & 3pm on the phone. **Call 07985 284688**. If unable to answer, Fiona will call back.

### CAP Money Coaching Workshops

**Saturdays between 10am - noon  
from 6<sup>th</sup> September**

These workshops take place at Moncreiff from time to time and a new series begins on **6<sup>th</sup> September**. There are **four weekly sessions** in all.

Please speak to Fiona if you'd like to join in. Money coaching is for everyone, not just those in poverty. It's all about learning a system to help your money work well for you, while looking at scams, different types of credit, dealing with debt and more.

### At risk fuel poverty?

The HEAT team for the Wise Group can provide support to families who are at risk of fuel poverty, currently experiencing fuel poverty or who simply need some guidance in relation to their energy usage or supply using a relational mentoring approach.

#### They can provide support in the following ways:

- Income Maximisation \*Fuel Debt Support
- Advice and assistance to access Energy Efficiency Measures \*Energy Saving Tips
- Support Applications for additional services
- Potentially access funding

If you feel this service would be of benefit, please speak to **Fiona Lamont (in confidence) on 07985 284688**.



# YOUR HELP IS NEEDED:

## FOOD BANK BOX AND HOT BOX

Please bring donations for the **Food Bank Box**: cereal; tins including rice pudding, custard, potatoes, and vegetables; pot noodles; pasta; meals in a tin; non-perishable items; sanitary products; and nice goodies too! Blankets, new hot water bottles, and warm wear layers welcome. Secondhand must be clean and very good condition for our **Hot Box**.

## ROTAS NEED PEOPLE

We are in desperate need of volunteers if we are to continue our **Flower Ministry**. If you can help, please speak to Morag McDougall. If you want to learn a new skill or you need a place to practise for your floristry course do get in touch with the Church Office. Volunteers are always needed for soup for **Kettle's On or Sunday Teas/Coffees**. If you'd like to join the **Readers Rota or Welcome Team** - see Ann McKinnon.

## PASTORAL CARE

If you are aware of any pastoral care needs around the Church, please let Alison or Lisa know so we can offer support.

## FLOWER CALENDAR 2026

This will open on Sunday 5<sup>th</sup> October. Envelopes to secure a particular date will be available in the vestibule. The suggested donation is £30/£35.

## STEWARDSHIP MONTH - OCTOBER

During this month we are considering the theme of wealth, and what it might look like for us as Christians. Harvest Service including Boys' and Girl's Brigade Dedication Service – Sunday 26th October.

## DE-FIB TRAINING

We are hoping to have a De-fib Training later in September. This is open to all members and hall users. If you are interested, could you please give your name to the office. This will give us an idea of numbers.

## ONE WORLD GROUP

Moncreiff Parish Church One World Group has been active in the church since the early 1980s.

Baskets lie at the back of the church for any donations members of the congregation wish to make. There is never a week when the baskets are empty. Most donations are small coins that members save at home and bring into church at regular intervals. In this way around £500.00 has been sent to charities yearly, helping the poor and needy in countries around our world.

This year cheques have been sent to The Red Cross (Myanmar Appeal), Wateraid and Medical Aid for Palestinians. The next cheques sent will be to other charities. Six or seven charities are helped in this way each year. Liz Craig - Treasurer

## FIRST STEPS

**Basic Bible Studies for Christians**  
**by John Robertson**

8 Sessions –Sundays 28th September- 16th November starting 7:30pm  
*Want to revisit the basics, ask the questions, learn more about Christianity or just listen and ponder? Then please come along. Possibly accessible online as well but that is to be confirmed. Let Sarah know if interested either in person or online. Also suitable for those who want to join the Church. Book is £2.99 (donation).*

## LIFE MARKERS

Looking for information about baptism, weddings or funerals? There are flyers in church, information on the website or contact Rev Sarah or the Office. Or just need a chat about God stuff? Do get in touch with us!

## MONDAYS

**Tumble Tots**  
0900-1400

**Tai Chi**  
1100-1200

**Rockin' Fun Kid's Club**  
1500-1715

**Broadway Boogie**  
1900-2000

**Dance4Passion**  
1800-2000  
(Latin & Ballroom)

**CHAT MPC**  
1900-2100  
(Monthly)

## TUESDAYS

**Tumble Tots**  
0900-1230

**Music Makers & Shakers**  
0915-1200

**Guild**  
1330-1530

**The Chill Out Club**  
1300-1530

**Rockin' Fun Kid's Club**  
1500-1715

**Pilates**  
1730-1830

**3rd EK Girls Brigade Explorers** 1800-1915  
**Juniors** 1900-2030  
**Brigadiers** 1900-2030

**LGMA**  
**Children** 1730-1800  
**Adult guitar** 1830-1930  
**Adult mandolin** 1930-2030

## WEDNESDAYS

**Badminton Group**  
1000-1200

**EK CMHT**  
1130-1330

**Chair Yoga** 1400-1500  
**Yoga** 1530-1700

**Rockin' Fun Kid's Club**  
1500-1715

**LGMA**  
**Children** 1730-1830  
**Adult** 1900-2130

**Prayer Walks**  
1830-2000

**1st Moncreiff Rainbows**  
1800-1900

**6th EK Brownies**  
1800-1930

**Miller Magic Danstylz**  
**Line Dancing**  
1945-2145

## THURSDAYS

**The Kettle's On**  
1000-1300  
(soup lunch from 1200)

**CAP Drop In Sessions**  
1000-1300

**Pilates**  
1330-1430  
1730-1830

**Rockin' Fun Kid's Club**  
1500-1715

**Broadway Boogie**  
1900-2000

## FRIDAYS

**Little Kickers**  
0900-1100

**Jiggly Wrigglers**  
0900-1230

**Dance with Yvonne**  
(8 weekly)  
1200-1500

**Rockin' Fun Kid's Club**  
1500-1715

**4th EK Boys Brigade Anchors** 1840-1945  
**Juniors** 1830-2030  
**Company & Seniors**  
1900-2200

## SATURDAYS

**Slimming World**  
0830-1200

**Write At Moncreiff**  
1300-1600 (monthly)

**CAP Money Workshops**  
(Sept Saturdays)  
10-12noon

## SUNDAYS

**Sunday Worship (Creche)**  
1030-1130

**Faithbuilders**  
1030-1130  
Tots-teenagers

**Spotlight Theatre Group**  
1700-1900 – Free  
P3-S6

**First Steps Christianity Basics**  
Study course - 8 wks  
Starts Sunday 28<sup>th</sup> Sept 7:30pm

WHAT'S ON AT  
MONCREIFF?

# SPECIAL DATES FOR YOUR DIARY...

 <b>SEPTEMBER</b>	<b>MONDAY 1st</b> <b>Chat MPC</b> 7-9 pm	<b>SATURDAYS</b> 6 <sup>th</sup> , 13 <sup>th</sup> , 20 <sup>th</sup> , 28 <sup>th</sup> <b>CAP Money Coaching Workshop</b> 10.00am till 12noon	<b>SATURDAY 6th</b> <b>Presbytery</b> Motherwell Kirk of the Cross - 10am <b>Write at Moncreiff</b> 1pm-4pm
	<b>Tuesday 2<sup>nd</sup></b> <b>Tea and Blether 1:30pm</b>		
<b>SUNDAY 7th</b> <b>Forefaulds Service</b> 2:30pm <b>Spotlight restarts</b> 5-7pm	<b>SUNDAY 14th</b> <b>McMillan Coffee Morning</b> (JC Hall after worship)	<b>THURSDAY 25<sup>th</sup></b> <b>Additional Kirk Session</b> Action Plan work 7:15pm	<b>SATURDAY 20th</b> <b>QUIZ NIGHT</b> 7:00 p.m Tickets on sale £5.00 <i>(Fundraising Group)</i>
<b>SUNDAY 28<sup>th</sup></b> <b>COMMUNION</b> 10:30am  <b>First Steps Course</b> 7:30pm	 <b>OCTOBER</b>	<b>SATURDAY 4<sup>th</sup></b> <b>Faithbuilders Coffee Morning</b>	<b>TUESDAY 14th</b> <b>Guild</b> <b>New session starts</b> 1:30-3pm
		<b>THURSDAY 25<sup>th</sup></b> <b>Kirk Session</b> 7:15pm	<b>SUNDAY 26<sup>th</sup></b> <b>HARVEST</b> <b>Girls Brigade and Boys Brigade</b> Dedication Service
	<b>SUNDAY 5<sup>th</sup></b> <b>Forefaulds Service</b> 2:30pm <b>First Steps Course</b> 7:30pm		
 <b>NOVEMBER</b>	<b>SUNDAY 2nd</b> <b>Forefaulds Service</b> 2:30pm	<b>SATURDAY 1st</b> <b>Father's Song Choir</b> 7pm TBC	<b>SUNDAY 9th</b> <b>Remembrance</b>
	<b>THURSDAY 27th</b> <b>Kirk Session Meeting</b> 7:15pm Sanctuary	<b>SATURDAY 29th</b> <b>Christmas Fayre</b> 10-1pm	<b>SUNDAY 30<sup>th</sup></b> <b>GIFT SERVICE</b> <i>Please bring Hamper goodies or gifts for wrapping</i>
 <b>DECEMBER</b>	<b>SUNDAY 7th</b> <b>Christmas Lunch</b> (JC Hall after worship) <b>Forefaulds Service</b> 2:30pm	<b>SUNDAY 7th</b> <b>Spotlight Theatre Group</b> Christmas Concert	<b>FRIDAY 5<sup>th</sup></b> <b>Decorating the Church for Christmas (TBC)</b> 7pm
	<b>SUNDAY 14th</b> <b>Faithbuilders/Worship</b> 10:30-11:30 <b>NATIVITY</b>	<b>WEDNESDAY 24<sup>th</sup></b> 7pm – <b>Family Service</b>	<b>THURSDAY 25<sup>th</sup></b> 10:30am – <b>Christmas Celebration</b>
<b>SATURDAY 13<sup>th</sup></b> <b>Glasgow Phoenix Choir</b> 2:00 p.m. <i>(Fundraising Group)</i>			



